

Claybrooke Primary School Newsletter 17.01.25

Be safe, Be ready, Be respectful.

Welcome to the latest weekly newsletter

Each week I look forward to visiting each of the classrooms to see the children's learning in action. It is always a delight to see the children engaging with their learning, working in partnership with others and following our behaviour expectations.

Curriculum update

New History/Science units for this half term will be:

Oak: Earth and Space & Comparing Maya and Anglo Saxons

Maple: UK story & Focus and Magnets

Willow: Significant People (Mary Anning & David Attenborough) & Everyday materials in Science.

You can find all the long term plans that show all of our curriculum learning on the school website [here](http://www.claybrooke.leics.sch.uk).

Young Voices

Tonight, children from Years 4-6 are visiting the BP Pulse Arena in Birmingham to take part in the Young Voices concert. I hope they all have a wonderful time and enjoy taking part in one of the largest children's choirs in the world. More photos to come next week!

Thank you to Mrs Chick, Miss Blower, Mrs Haycock and Mrs Jones for giving up their Friday evening to accompany the children.



Parking outside school.

Thank you for being more considerate when parking outside school this week. The Leicestershire camera car has been doing the rounds this week and has visited Claybrooke already. Please continue to be aware of where you park outside school so we can continue to keep our children safe. Thank you.

Please continue to send the children in warm coats, scarves, hats and gloves as we are still outside at break and lunchtimes whenever possible.

I hope you have a lovely weekend.
Thank you for your continued support.



Mr P. Rock
Head of School



CLAYBROOKE
PRIMARY SCHOOL
Together we flourish | Est 1814



Hot Chocolate Superstars: Zach, Parker and Abi



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

*Whole school attendance
w/e 17.01.25 88.85 %*



January Wellbeing Event



Claybrooke Primary School PTA invite you to this very special fundraising event...



Enjoy stress relieving & mood boosting Yoga for all bodies, plus a guided relaxation to melt tension and worries - delivered by a qualified Yoga Teacher & Therapist.



Plus a series of creative coaching activities to refocus your priorities for the year ahead. - led by a professional life Coach.

Only £25 per person
Including hot drink, tasty treat and all craft materials

Beat the January blues, while supporting your school!

All proceeds will go towards new playground equipment for your child!

Sunday January 26th 2025, 1pm - 4pm
@ Claybrooke Primary School Hall

Spaces limited to ensure a relaxed atmosphere. To book your spot, complete the attached form. Feel free to contact Nichola for more info - 07828038494

*Latest vacancies within Inspiring Primaries Academy Trust.
(click on the links below)*

[Trust advert - Midday Supervisor roles - Trust advert](#)



Claybrooke calendar 2024- 25



Please see provisional dates for the upcoming academic year. (All dates are subject to change.)

* = Parents invited

Spring Term 2025	
Date	Event
Sun 26/01	PTA Wellbeing event in hall*
Wed 29/01	HYCY Bus visit at lunchtime
Fri 31/01	Daniel Powell Judo Visit
Thur 06/02	Wellbeing Ambassadors out for training
Tue 11/02	Consultation evenings *
Tue 11/02	Poet visit to school
Wed 12/02	Consultation evenings *
Fri 14/02	Sports Ambassadors out
w/c 17/02	Spring Half-Term Week
Mon 24/0	School re-opens
Mon 24/02	Forest school begins for Oak Class
Tue 25/02	Topic Showcase 2.30-3.00 *
w/c 03/03	Reading Festival Week
Thurs 06/03	World Book Day:
Wed 02/04	Warning Zone trip. Y6 only
w/c 14/04	Easter Holidays
w/c 21/04	Easter Holidays

Summer Term 2025

Date	Event
Mon 28/04	School re-opens
Mon 28/04	Forest school begins for Willow Class
w/c 12/05	Y6 SATs week
Date tbc	Saffron Lane Athletics
w/c 26/05	Summer Half-Term Week
Mon 02/06	Start of Summer 2nd
Mon 02/06	Forest school begins for Maple Class
Wed 11/06	School Sports Day
Wed 18/06	Reserve Sports Day
Wed 02/07	Oak Class Production 2.00-3.00 & 6.00-7.00 *
Tue 08/07	Leavers' Assembly 9.30-10.30 *
Tue 08/07	Last Day of School Year
Wed 09/07	Summer holidays begin
Tue 26/08	School reopens for pupils

What Parents & Educators Need to Know about

TIKTOK

AGE RESTRICTION
13+

(Certain features are restricted to over-18s only)

WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable. If children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.

BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.

CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.

MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.

ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app; that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.

BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>

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Tips for getting the right NHS care for you and your family

1

Use NHS 111 when it's urgent

If you need urgent care, you should seek help straight away.

Contact NHS 111 online, by phone or via the NHS App at any time, day or night

3

Use a pharmacy for minor illness

Pharmacies can support with common illnesses by providing advice and medication.

Many can also prescribe prescription medication for some conditions without you needing to see a GP first.

5

Get in the know, before you need to know

2

Check out the urgent care services

If you have an urgent health concern, there are many urgent care services you can access without an appointment.

Use NHS 111 to make sure it's the right place for you.

4

Visit a neighbourhood mental health cafe

If you need support with your mental health and wellbeing, visit one of the local neighbourhood mental health cafés.

There are cafés spread around Leicester, Leicestershire and Rutland, run by trained and supportive staff.

Visit www.getintheknow.co.uk for lots of useful information on getting the right care at the right time over the winter months