

## Claybrooke Primary School Newsletter 20.12.24

***Be safe, Be ready, Be respectful.***



Welcome to the latest weekly newsletter and the last newsletter of 2024!

### Christingle Service.

On Tuesday the children spent a lovely afternoon at St Peter's Church taking part in a Christingle service. There were hymns, readings and time to reflect on the meaning of the Christmas season and the meaning behind the Christingle.



### PTA news.

Congratulations to the Claybrooke PTA team and the whole Claybrooke community for supporting each of the PTA events during this term. You have helped raise around £2000!. An incredible amount of money. Thank you.

### Waffle Wednesday.

The children loved their first Waffle Wednesday this week. Thank you to the School Eco Council and Mrs Jones for raising money to purchase the waffles.



Please follow this [link](#) to read the latest NHS Leicestershire and Rutland 'Staying Well this winter' information sheet.

A big 'Thank You' to James Truter and KPMG for the donation of new computer screens for each classroom this week. Very much appreciated. The teachers are loving the bigger and clearer screens.

On behalf of all of the staff, thank you for all of your Christmas cards and gifts received. They are very much appreciated. I hope you have a lovely Christmas and look forward to seeing everyone back on Monday 6th January. Thank you for your continued support.



Mr P. Rock  
Head of School



**CLAYBROOKE  
PRIMARY SCHOOL**  
Together we flourish | Est 1814



*Well done to those who received certificates this week:*

*Excellent Work: Edie, Seren and Abi*

*Values: Aubrey, Georgia and Chloe*

*Hot Chocolate Superstars: Bonnie and Poppy*



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*Whole school attendance  
w/e 20.12.24 89.26%*

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**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

*Congratulations to the Green team.*

*Winners of team points for this half term.*

*They can celebrate with a*

*non-uniform day on Friday 10th January.*

*They collected a whopping 508 team points this half term!*



# PTA News

A huge thank you to everyone that's been able to help, from teachers, parents and the wider community. Across all fundraising we have managed to raise an incredible £2k (ish). This was over 6 weeks this term. It's truly an amazing achievement for a small school. A huge thank you and well done to everyone that's supported this.

The money will go towards wonderful events and creating facilities for your child. From booking an author for the day to creating well being/stem and eco zones throughout the school.

We have the chance to double this money, if anyone works for a company that can Match Fund, please come and speak to me to progress.

There's also lots to look forward to for next year, starting with our first Wellbeing Event on the 22nd January. Could be a Christmas gift to a loved one, or show yourself some love and start the year strong. Contact Nichola Day for further details 07828 038494.

Lastly, I hope you all have the best of festive breaks, I cannot wait to get started on more opportunities and experiences for Claybrooke School in 2025.

Best wishes,  
Estia & The PTA. X

**THANK YOU**

With your help we raised an incredible:  
**£2,000(ish)**

CHRISTMAS CARDS £48.21  
ASDA £112.94  
CHRISTMAS BAZAAR £1250  
SANTA SLEIGH ? (£200)  
T-TOWELS £98  
SPOOKY DISCO £100  
CHRISTMAS CRAFT £150

**SCHOOL PROJECTS**  
This will go towards paying for:

STEM/Sensory space in the playground.  
Coach travel to an event      Noticeboards for willow class  
Eco spaces throughout the school      Author for a day  
Role play equipment for the playground

**THANK YOU. WE COULDN'T HAVE DONE IT WITHOUT YOU ALL.**

2025      **JAN 22ND - WELL BEING EVENT. BOOK NOW**  
\*Movie Night \*Disco \*Easter  
Summer Fun Event \* Ice creams



*Latest class news:  
This week: Willow Class.*



The Nativity performance the whole school put on was incredible! All staff in KS1 are so incredibly proud of all the children growing in confidence to perform in front of a large audience. Our trip to the pantomime was thoroughly enjoyed by Willow and Maple class.

In D&T, the children have been looking at towers and explored how to construct stable structures. We then built our own structures where the children attached boxes together using a range of joining techniques. They quickly learnt how to improve their towers when they began to topple over!

In literacy we have been writing stories about familiar settings. Our stories have been inspired by The Storm Whale story that we have been reading in guided reading. In maths, we have focused on 2D and 3D shapes.

In reception, we read a range of books about the nativity and Christmas. The children have been working hard to sequence the nativity story and have begun to write sentences! They have also been retelling the story in provision. We have been exploring 2D shapes in maths as well as consolidating numbers from 0-5.





# January Wellbeing Event



Claybrooke Primary School PTA invite you to this very special fundraising event...



Enjoy stress relieving & mood boosting Yoga for all bodies, plus a guided relaxation to melt tension and worries - delivered by a qualified Yoga Teacher & Therapist.



Plus a series of creative coaching activities to refocus your priorities for the year ahead. - led by a professional life Coach.

**Only £25 per person**  
Including hot drink, tasty treat and all craft materials

**Beat the January blues, while supporting your school!**

All proceeds will go towards new playground equipment for your child!

**Sunday January 26th 2025, 1pm - 4pm**  
**@ Claybrooke Primary School Hall**

Spaces limited to ensure a relaxed atmosphere. To book your spot, complete the attached form. Feel free to contact Nichola for more info - 07828038494



RE: PTA January Wellbeing Event

Thursday 12<sup>th</sup> December 2024

Dear Parent/carer,

We are delighted to offer a very special event coming up on **Sunday 26<sup>th</sup> January 1pm – 4pm, in the school hall.** Which may be an ideal Christmas present for you, or a loved one!

In collaboration with a local Yoga Teacher and Life Coach, the PTA will be holding a Wellbeing event – both supporting your health and wellness this January, while also raising funds for our school playground!

Please see the attached flyer for more information and complete the form below to secure your place. Spaces are limited and are offered on a first come, first served basis. Payment information will be provided to you once the form below has been completed and handed in.

We look forward to seeing you there!

Claybrooke PTA Team

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**PTA January Wellbeing Event**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Number of tickets required: \_\_\_\_\_

Payment information and tickets will be sent via your child's class.

My child's name and class: \_\_\_\_\_

*As the event includes movement, please check this box to confirm that you acknowledge any risks involved and will let the facilitators know upon arrival of any health issues that may need to be considered before taking part.*

Signed: \_\_\_\_\_

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*Latest vacancies within Inspiring Primaries Academy Trust.  
(click on the links below)*

[JW Family Liaison Officer](#) - Working at John Wycliffe and Claybrooke Primary Schools

[JW Learning Support Assistant](#)

[John Wycliffe Primary School - Office Manager](#)

[Learning Support Assistant](#) role at Ullesthorpe Primary School

[Trust advert - Midday Supervisor roles - Trust advert](#)

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## Claybrooke calendar 2024- 25



Please see provisional dates for the upcoming academic year. (All dates are subject to change.)

\* = Parents invited

### Spring Term 2025

Date	Event
Mon 06/01	School re-opens
Wed 08/01	The Indian Experience Dance Workshop
Fri 17/01	Young Voices Concert (Only for those signed up)
Sun 26/01	PTA Wellbeing event in hall*
Fri 31/01	Daniel Powell Judo Visit
Tue 11/02	Consultation evenings *
Wed 12/02	Consultation evenings *
w/c 17/02	Spring Half-Term Week
Mon 24/02	School re-opens
Mon 24/02	Forest school begins for Oak Class
Tue 25/02	Topic Showcase 2.30-3.00 *
w/c 03/10	Reading Festival Week
Thurs 06/03	World Book Day:
Wed 02/04	Warning Zone trip. <b>Y6 only</b>

w/c 14/04	Easter Holidays
w/c 21/04	Easter Holidays

## Summer Term 2025

Date	Event
Mon 28/04	School re-opens
Mon 28/04	Forest school begins for Willow Class
w/c 12/05	Y6 SATs week
Date tbc	Saffron Lane Athletics
w/c 26/05	Summer Half-Term Week
Mon 02/06	Start of Summer 2nd
Mon 02/06	Forest school begins for Maple Class
Wed 11/06	School Sports Day
Wed 18/06	Reserve Sports Day
Wed 02/07	Oak Class Production 2.00-3.00 & 6.00-7.00 *
Tue 08/07	Leavers' Assembly 9.30-10.30 *
Tue 08/07	Last Day of School Year
Wed 09/07	Summer holidays begin
Tue 26/08	School reopens for pupils

# 10 Top Tips for Parents and Educators

## SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

### 1 REDUCE DOOMSCROLLING

It's concerningly common for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

### 2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

### 3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

### 4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

### 5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

### 6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

### 7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

### 8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

### 9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

### 10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important. Set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

### Meet Our Expert

John Insley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/top-tips-for-safety-on-social-media>



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**CHRISTMAS YOGA CAMP**  
For 4 - 13 years olds  
@yoga Loft, Burbage

**Saturday 21st December**  
**11.30 - 3.30pm**

Booking essential, deposit required to secure your Childs place, your child will need a packed lunch and drinks.

Enjoy yoga poses, games, Christmas art activities, more yoga fun, relaxation to end. £25 per child

To book your child onto the Christmas yoga camp contact Becki 07956 655656