

Claybrooke Primary School Newsletter 13.10.23

Be safe, Be ready, Be respectful.

Welcome to the latest weekly newsletter.

We have come to the end of our first half term back at school. I cannot believe how quickly the time has gone.

Thank you to everyone who came along to our Consultation Evenings this week. I hope you found them useful. Next half term we will be hosting our first 'Open afternoon' of the year. This is an opportunity for parents to come into school to see some of the wonderful work the children have been learning this half term. This will take place on Tuesday 24th October from 2:30pm. I look forward to seeing many of you there.

As part of our process of ongoing school improvement this term, we have recently updated our school values to link in with our new curriculum and Behaviour for learning expectations.

Alongside our Vision statement of '**Together we Flourish**', our new values expect all members of our school community to be:

Respectful - Compassionate - Inclusive - Truthful - Collaborative

Congratulations to Green team, they are the winning house with the most team points awarded this half term. They can celebrate with a non-uniform day on Friday 27th October.

I hope you all have a wonderful half term holiday and I look forward to seeing you all back on Monday 23rd October.

Thank you for your continued support.



Mr P. Rock
Head of School



**CLAYBROOKE
PRIMARY SCHOOL**
Together we flourish | Est 1814

Well done to those who received certificates this week:

Excellent Work



*Renesmay, Kathrine,
Bradley & Lillie*



Values

*Poppy, Frank,
Teddy & Joe*



Hot Chocolate: Will return after half term



Next (School) Week's Calendar (*=Parents Invited):

Day	Event
Mon 23/10	Children return after half term Y2 children in Willow Class attend forest school. NHS Vaccinations (pm)
Tue 24/10	Class showcase afternoon 2:30 – 3 * Parents invited to come into school
Wed 25/10	Archery club (paid) after school.
Thu 26/10	Dodgeball club (paid) after school.
Fri 27/10	Green team non uniform day (for winning team points last half term) Celebration Assembly

Each week we will be focussing on a particular class to find out more about their learning.



This week; Willow Class



Well done to those who received Excellent Work, Values and Hot Chocolate certificates this month.

We would like to start with a big thank you. Thank you for your continued support with reading and working with your children, your support makes all the difference. Thank you also for the plastic bottles for our rain gauges. Our Harvest Festival was a very special event and thanks for any kind donations and attendance if you were able to join us. Thanks also for any donations for our Macmillan coffee morning and for any tombola donations.

In English the Year 1s and 2s have been looking at poetry, rhyming and using adjectives to improve their writing. They have also been looking at pronouns, past tense verbs and making sure that their sentences always have a capital letter, finger spaces and a full stop. They have also been working on their handwriting. The Reception children have continued with their phonics, blending with more confidence and forming letters with increasing care to detail. The Reception children have been looking at texts such as *We're Going on a Bear Hunt*, *Little Red Hen*, *Dogger* and *My Families*.

This week we have started our Art block, looking at shading, use of colour in art and work from Vincent Van Gough and other artists. In our Topic work we have also been looking at Science and learning about seasonal changes including weather, looking at clouds being made of water droplets and ice crystals, how rain gauges work and making wind socks.

In Maths the Reception children have been counting carefully, matching quantities to numerals and playing different counting games together. The Year 1s have been completing part whole models and completing addition and subtraction calculations while also thinking about number bonds to 10. The Year 2s have been using their number bonds in order to add up to multiples of 10 and work out calculations with bigger numbers.

After half term please can children come to school dressed for PE on Mondays and Thursdays. Forest School will begin on Mondays and will happen in year groups. Each year group will have two sessions in our Spinney area with our Forest School Specialist. This will begin with the Year 2s on the first Monday after half term. They will need warm clothing and waterproof overalls to be out in all weather conditions.



Homework for Year 1s and 2s

This is handed out on a Friday and is to be handed in on a Wednesday. Homework completed can then be handed straight into the tray in the classroom. Please can all children read as often as possible.

Please can every item of clothing be named.

Please come into school dressed for PE on Tuesdays and Thursdays.

Please do not hesitate to contact a member of the Willow team if you have any questions.

As always, thank you for your continued support.

Miss Jones (Mon, Tue, Wed)

Mrs Kelsey (Wed, Thurs, Fri)



Claybrooke School Calendar 2023- 24



Autumn Term 2023

Date	Event
w/b 16/10	HALF TERM
Mon 23/10	School re-opens
Tue 24/10	Topic Showcase 2.30-3.00 * (Parents invited into school)
Thur 02/11	PTA Spooky Discos
17/11	Children in Need
Thurs 23/11	PTA Christmas Craft (In school)
Fri 01/12	Maple & Oak Theatre trip to see 'The Lion, The Witch & The Wardrobe'.
Fri 08/12	PTA Christmas Bazaar
Mon 18/12	Willow Class theatre trip. Jack & The Beanstalk
Tue 19/12	Claybrooke Nativity & Christmas Carols @ St Peter's Church 1:30pm (TBC)
Wed 20/12	Claybrooke Nativity & Christmas Carols @ St Peter's Church 6:00 pm(TBC)
Fri 22/12	Break up for Christmas holidays
	End of Autumn Term

After school clubs for next half term.



**Claybrooke
Primary School**

Monday
★ Archery | Year 1 - 6

Wednesday
★ Dodgeball | Year 1 - 6



£42.75 for 9 sessions

3:15PM - 4:15PM

**Starting from
Monday 23rd October**

**We are
committed
to keeping
your children
fit, active
and healthy!**

To book:
Visit www.superstarsportmidlands.co.uk
Please click on 'School Clubs' when booking

E Safety:

We will provide information about a different aspect of E safety every week in this publication; we hope you find it useful. This week's topic is: **Supporting Children to Deal with Upsetting Content**

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.

2



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.

3



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.

4



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.

5



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.

6



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.

7



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once; instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.

8



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.

9



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.

10



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.

11



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.

12



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Source: <https://www.bbc.com/news/health-57107005> | <https://www.nos.org.uk/blog/supporting-your-child-with-upsetting-content/> | <https://www.nos.org.uk/news/parenting-tips-talk-your-children-about-conflict-and-war>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

NOS National Online Safety®
#WakeUpWednesday

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 11.10.2023



NHS

9 out of 10

unvaccinated children
can catch measles
if someone in their
class has it

**Check your child is up
to date with their
MMR vaccinations**



NHS

**102,000 children
starting school in
England are at risk
of catching measles**

Check your child is up

to date with their

MMR vaccinations



MUSICAL THEATRE

SINGING,
DANCING,
ACTING AND
PERFORMANCE



COMEDY & DRAMA

IMPROV TO
SHAKESPEARE,
MONOLOGUE,
SCRIPT WORK
AND MORE



FILM & TV

ACTING FOR
CAMERA,
TECHNICAL
ROLES AND
SCRIPTWRITING

FIND OUT MORE HERE!



pqacademy.com

OUTSTANDING PERFORMING ARTS TUITION FOR 4-18 YEAR OLDS



POPPETS

FUN-FILLED SESSIONS
FOR 4 AND 5 YEAR OLDS

YOUR MEMBERSHIP INCLUDES

WEST END SHOWS

PERFORM ON A WEST END STAGE
IN OUR AMAZING PQA SHOW!

RSL QUALIFICATIONS

GRADED QUALIFICATIONS FROM
RSL FOR ALL OUR STUDENTS

QUIRKY KIDZ

JOIN OUR EXCLUSIVE AGENCY
FOR PROFESSIONAL WORK!

PQA CINEMA SCREENINGS

YOUR VERY OWN MOVIE SCREENED
AT YOUR LOCAL CINEMA!

ACADEMY INFORMATION

PQA RUGBY

SATURDAY | 6 - 18 YEARS | 09:45 - 13:00
| 13:30 - 16:45

POPPETS | 4 - 5 YEARS | 9:45 - 11:30 |
11:45 - 13:15

HARRIS CHURCH OF ENGLAND ACADEMY,
CV22 6EA

YOUR PRINCIPAL IS OLIVIA MEDLOCK

PQA

THE PAULINE QUIRKE
ACADEMY OF PERFORMING ARTS