



Claybrooke Primary School Newsletter w/e 24/03/23

Welcome to this week's newsletter. Children in Maple Class have been busy this week, ramping up rehearsals for The Goblin Next Door; if you are coming to watch, you're in for a treat! We also enjoyed the Easter Experience from Open The Book, as well as a visit to Oak Class from our local MP. Have a great weekend!

Mr. Howard

Next (School) Week's Calendar (*=Parents Invited):

Day	Event
Mon 27/03	Arts & Crafts Club (paid) 3.15 - 4.15pm Year 5/6 Netball Comp 3.45-5.30 @ Luttt College *
Tue 28/03	Maple Class: Forest School
Wed 29/03	Oak Swimming Gymnastics Club (paid) 3.15-4.15pm SPARX Club Yr1/2 3.15-4.15pm Maple Class Show 2.00 pm & 6.00 pm *
Thu 30/03	#
Fri 31/03	#

E Safety:

We will provide information about a different aspect of E safety every week in this publication; we hope you find it useful. This week's topic is: **Instagram**

All Sorts: Please follow the link for the March edition of 'All Sorts' Magazine:

[Allsorts MHL Mar / Apr 2023 \(magmgr.com\)](http://AllsortsMHLMar/Apr2023(magmgr.com))

SuperStar Sports After School Clubs

Please see the poster re: after school clubs and contact the provider directly to make a booking for the Summer Term.





Claybrooke Primary School

Monday

★ Lego Construction Club | All Years

Wednesday

★ Discovery Club | All Years



Monday club:
£40.50 for 9 weeks

Wednesday club:
£49.50 for 11 weeks

3:15PM - 4:15PM

Starting from
Monday 17th April 2023

To book:

Visit www.superstarsportmidlands.co.uk
Please click on 'Midlands' when booking

**We are
committed
to keeping
your children
fit, active
and healthy!**

School Calendar (*=Parents Invited):

Spring Term 2023	
Mon 27/03	Year 5/6 Netball Comp 3.45-5.30 @ Luttt College *
Wed 29/03	Maple Class Production 2.00-3.00 & 6.00-7.00 *
Fri 31/03	End of Spring Term

Summer Term 2023	
Mon 17/04	Start of Summer Term
Mon 17/04	Leics Mobile Library
Wed 19/04	Year 5/6 Netball League 3.45-5.30 @ Luttt College *
Mon 08/05	Kings' Coronation Bank Holiday – School Closed
w/c 09/05	KS2 SATS Week
Mon 15/05	Leics Mobile Library
Mon 22/05	Saffron Lane Athletics (Y3-6) 9.30-12.30 *
w/c 29/05	Summer Half-Term Week
Mon 05/06	Start of Summer 2nd
Mon 05/06	Parent Forum 6.00 – 7.00 *
Wed 07/06	Transition Sports Festival (Y6) @ Luttt College 3.45-5.30
Fri 16/06	PTA Fathers' Day Craft 3.15-4.15
Mon 19/06	Leics Mobile Library
Thu 22/06	School Sports Afternoon 1.30-3.00 *
Mon 26/06	Annual Reports Out
Wed 28/06	Oak Class Production 2.00-3.00 & 6.00-7.00 *
Thu 06/07	Leavers' Assembly 9.30-10.30 *
Thu 06/07	PTA Disco, incl. Leavers' 3.30-7.00
Wed 12/07	Last Day of School Year

Willow Class Weekly News

This week's awards:

Excellent Work:

Zac

Values:

Marley

Hot Chocolate:

Sophia

This Week's Learning:

- Thinking about a variety of materials by sharing the story 'The Three Little Pigs'.
- In science, we will be describing the simple physical properties of a variety of everyday materials (R).
- Carrying out an experiment to see which materials are transparent or opaque (yr 1).
- We will continue to identify daily weather patterns in the UK by reporting the weather.
- In Art, we explored lines and used shapes to create art.
- Computing we have been exploring keyboard skills (yr1).
- We used a Beebot app to program the Beebot to travel along the path (R).
- Subtraction with number to 20 (yr 1).
- About the Easter story as part of the open the book.

Science experiment



Open the Book Easter Experience



Next Week's Learning:

- Exploring- How do people prepare for the weather in the UK?
- We will continue to develop our keyboard skills on the laptops.
- In Math we will be completing missing number problems.
- In PE we will be using apparatus to develop our gymnastic skills.

Homework & Reminders:

PE on Monday- please can you remove your child's earrings for PE.

Homework- can you support your child with their phonics at home. Reception children are currently working on reading words with set 1 and 2 special friends. We have also been learning to read red words which helps to develop fluency.

[Review ay, ee, igh](#)

[Speeding up words-Chips](#)

[Red words](#)

[Special friends 1](#)

Year 1 children have been recapping set 2 and set 3 and reading red words.

[Reading longer words](#)

[Red words 4](#)

[Hold a sentence](#)

Some children have been reading:

[Speeding up words](#)

Thank you for your support and for all those who attended parents' evening this week.

Maple Class Weekly News

This week's awards:

Excellent Work:

Bridie

Values:

Jack - Independence

Hot Chocolate:

Bodhi

This Week's Learning:



Taking part in the Open The Book Easter Experience.

- Continuing to practise our play; The Goblin Next Door.
- Continuing to explore habitats in Forest School
- Maths Y2 multiplication and division / Y3 Mass and capacity.
- Music: Melody and rhythm
- Spanish: Positive opinions.
- History: What did Columbus bring back from his journeys?
- DT: How are ingredients grown and harvested?

Next Week's Learning:

- Performing our play. Make sure you have ordered your tickets.
- Continuing to explore habitats in Forest School
- Maths Y2 multiplication and division / Y3 Mass and capacity.
- DT: Why is following instructions important?

Homework & Reminders:

Please continue to help your child learn their words for our upcoming performance of The Goblin Next Door. Please ensure costumes are in school from Monday (27th March)

Thank you to everyone who came along to our consultation evenings this week. We hope you found them useful.

Homework

Please remember to tick off tasks completed. Thank you.

Oak Class Weekly News

This week's awards:

Excellent Work:

Arya

Values:

Esme

Hot Chocolate:

Flo and Kathrine

This Week's Learning:



- We had a visit from our local MP, Alberto Costa! The children were very enthusiastic and asked lots of sensible questions.
- Year 5 and 6 have started looking at Statistics in Maths
- Started writing a holiday brochure for Mexico in English
- Continued to work on our Dance sequences in PE
- Finished our soft toys in DT!

Next Week's Learning:

- Taking part in the local Netball tournament!
- Year 4 will be looking at adding fractions
- Learning how to ask each other which fruit they like - 'Te gustan...?'
- We'll be breaking up for the Easter holidays!

Homework & Reminders:

- Monday 27th March - Year 5/6 netball tournament
- Wednesday 29th March - homework due
- Friday 31st March - last day of Spring term
- Monday 17th April - first day of Summer term



everyone
ACTIVE

EASTER HOLIDAY CAMP

LUTTERWORTH SPORTS CENTRE

Mon 3rd - Thurs 6th April

Tues 11th - Fri 14th April



ONLY
£25 PER
DAY

CHILDCARE VOUCHERS
ACCEPTED

SIBLING DISCOUNT

EXTENDED HOURS
(8.30AM - 5.30PM)

VARIETY OF
DIFFERENT ACTIVITIES

SPORTS

INFLATABLES

TEAM GAMES

ARTS & CRAFTS

& LOTS MORE



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ONLINE

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ACTIVITIES FOR EVERYONE



Ofsted
Registered

07546 116004
info@tayplaysport.co.uk

What Parents & Carers Need to Know about INSTAGRAM

follow

WHAT ARE THE RISKS?

Instagram is one of the most popular social media platforms in the world, with over 1 billion users worldwide. The platform allows users to upload images and videos to their feed, create interactive 'stories', share live videos, exchange private messages or search, explore and follow other accounts they like – whilst at the same time continuously updating and adding new features to meet the needs of its users.

AGE RATING

13+

ADDICTION

Many social media platforms are designed in a way to keep us engaged on them for as long as possible. There's a desire to scroll often (more in case we've missed something important or a fear of missing out). Instagram is no different and young people can easily lose track of time by aimlessly scrolling and watching videos posted by friends, acquaintances, influencers or even strangers.

PRODUCT TAGGING

Product tags allow users (particularly influencers who are sponsored to advertise products) to tag a product or business in their post. This tag takes viewers, regardless of age, directly to the product detail page on the shop where the item can be purchased and where children may be encouraged by influencers to purchase products they don't necessarily need.

EXCLUSION AND OSTRACISM

Young people are highly sensitive to ostracism. Feeling excluded can come in many forms such as: not receiving many 'likes', not being tagged, being unfriended, having a photo untagged, or not receiving a comment or reply to a message. Being excluded online hurts just as much as being excluded offline – with children potentially suffering lower moods, lower self-esteem, feeling as if they don't belong or undervalued.

PUBLIC ACCOUNTS

Product tagging on Instagram only works on public accounts. If your child wants to share their clothing style, make-up etc and tag items in a post then they may be tempted to change their settings to public, which can leave their profile visible to strangers.

Buy Milk



GOING LIVE

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast. Risks increase if the account is public because anyone can watch and comment on their videos, including strangers. However, other risks include acting in ways they wouldn't normally or being exposed to inappropriate content or offensive language.

INFLUENCER CULTURE

Influencers can be paid thousands of pounds to promote a product, service, app and much more on social media – the posts can often be identified because they state they're a 'paid partnership'. Ofcom found that young people often attempt to copy-cat influencer behaviour for their own posts to gain likes, sometimes posting content which may not be age-appropriate.

UNREALISTIC IDEALS

Children compare themselves to what they see online in terms of how they look, dress, their body shape, or the experiences others are having. The constant scrolling and comparison of unrealistic ideals can lead to children feeling insecure about their own appearance, questioning how exciting their own lives are and having a fear of missing out.

Advice for Parents & Carers

HAVE OPEN DIALOGUE

Talk to your child about live videos and the risks involved and how they can do it safely with family and friends. Talk to them about ensuring they have safety settings on so only followers can view them live, and maybe help them prepare what they would say when they do go live.

REMOVE PAYMENT METHODS

If you're happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment. This can be added in the payment settings tab and will also help prevent unauthorised purchases.

USE MODERATORS

Instagram has launched 'live moderators' on Instagram live where creators can assign a moderator and give them the power to report comments, remove viewers and turn off comments for a viewer. It's recommended to keep devices in common spaces so that you are aware if they do go live or watch live streaming.

FAMILIARISE YOURSELF

Instagram is one social media app which has its safety features available to parents in a user-friendly manner. The document provides examples of conversation starters, managing privacy, managing comments, blocking and restricting and can be found on the Instagram website > community > parents.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to your child about who they follow and help them develop critical thinking skills about what the influencer is trying to do. For example, are they trying to sell a product by promoting it?

BE VIGILANT AND REASSURE

Talk to your child about the use of filters. While they can be fun to use they don't represent the real them. If you find your child continuously using a filter, ask them why and reassure them that they are beautiful without it to build up their feelings of self-worth. Discuss the fact that many images online are filtered and not everyone looks 'picture perfect' in real life, which can also lend itself to discuss what is real and not real online.

MANAGE LIKE COUNTS

Due to the impact on mental wellbeing, Instagram has allowed users to change the focus of their experiences online away from how many likes a post has by hiding the like counts. Users can hide like counts on all the posts in their feed as well as hiding the like counts on their own posts. This means others can't see how many likes you get. This can be done by going into settings > notifications > posts > likes > off

BALANCE YOUR TIME

Instagram now has an in-built activity dashboard that allows users to monitor and control how much time they spend on the app. Users can add a 'daily reminder' to set a limit on how much time they want to spend on Instagram, prompting them to consider if it's been too long with a 'take a break!' message. There's also the option to mute notifications for a period of time. These features can help you have a conversation with your child about how much time they are spending on the app and to set healthy time limits.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at iCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



Sources: <https://about.instagram.com/blog/announcements/introducing-family-carer-and-supervisor-tools> | <https://about.instagram.com/en-us/blog/posts/2018/04/18/about-instagram-introducing-family-carer-and-supervisor-tools> | <https://about.instagram.com/blog/announcements/introducing-reels-and-shop-tabs>

SOCCER SCHOOLS



IN PARTNERSHIP WITH ASTON FOOTBALL CLUB ACADEMY



£12.00
PER DAY



AGES: 4-13 YEARS
TIME: 9AM TILL 3PM



ALL SOCCER CAMPS ARE NON REFUNDABLE

BRAND NEW
SOCCER
SCHOOLS!



AVFC COACHES
IN ATTENDANCE

HINCKLEY @ HINCKLEY PARKS PRIMARY SCHOOL
3RD & 4TH APRIL 2023
LEICESTER @ JUDGEMEADOW COMMUNITY COLLEGE
13TH & 14TH APRIL 2023
DAVENTRY @ PARKER ACADEMY
13TH & 14TH APRIL 2023
MELTON @ MELTON SPORTS VILLAGE
13TH APRIL 2023
KETTERING @ KETTERING BUCCLEUCH ACADEMY
5TH & 6TH APRIL 2023
COALVILLE @ THE NEWBRIDGE SCHOOL
6TH APRIL 2023
LOUGHBOROUGH @ CHARNWOOD COLLEGE
12TH APRIL 2023
MARKET HARBOROUGH @ HARBOROUGH TOWN FOOTBALL CLUB
12TH APRIL 2023



HOW TO BOOK:
TEXT SERVICE - 07817307074 WITH CHILDS NAME & DATES
EMAIL - SOCCERCAMPS@DEVELOPMENTSCHOOLS.CO.UK
CALL - 01858461166, OPEN 9:00AM-3:00PM



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FDS TRAINING ZONE

GOALKEEPER SPECIFIC CAMPS



IN PARTNERSHIP WITH ASTON FOOTBALL CLUB ACADEMY

£15.00
PER DAY



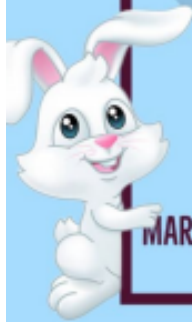
BRAND
NEW
SOCCER
SCHOOLS!

AGES: 7-13
YEARS
TIME: 9AM TILL
3PM



AVFC COACHES IN
ATTENDANCE

EASTER 2023
VENUES & DATES



HINCKLEY @ HINCKLEY PARKS PRIMARY SCHOOL
3RD APRIL 2023
LEICESTER @ JUDGEMEADOW COMMUNITY COLLEGE
14TH APRIL 2023
KETTERING @ KETTERING BUCCLEUCH ACADEMY
5TH APRIL 2023
COALVILLE @ THE NEWBRIDGE SCHOOL
6TH APRIL 2023
MARKET HARBOROUGH @ HARBOROUGH TOWN FOOTBALL CLUB
12TH APRIL 2023

ALL GK SPECIFIC CAMPS ARE NON REFUNDABLE



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TEXT SERVICE - 07817307074 WITH CHILDS NAME & DATES
EMAIL - SOCCERCAMPS@DEVELOPMENTSCHOOLS.CO.UK
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👤 THEFDS

📍 FDS TRAINING ZONE



ORAL HEALTH

South Leicestershire School Sports Partnership Newsletter



HOW TO BRUSH TEETH CORRECTLY

- Guide your child's hand so they can feel the correct movement.
- Use a mirror to help your child see exactly where the brush is cleaning their teeth.
- Make tooth brushing as fun as possible by using an egg timer or stopwatch, remember children should be brushing for 2 minutes in the morning and evening.
- Use short, back-and-forth brushing motions to clean the outside and inside surfaces of the teeth, as well as the chewing surfaces and inside surface of the front teeth.
- Brush along the gum line and the back molars, Brush your tongue to remove bacteria that cause bad breath.



Ref: NHS

WHEN SHOULD I TAKE MY CHILD TO THE DENTIST?

NHS dental care is free for under 18's. You should take your child to the dentist as soon as is possible. You should then take them regularly, as often as your dental team recommend.

This will let them get used to the noises, smells and surroundings and prepare them for future visits. The earlier these visits start, the more relaxed the children will be.

When you visit the dentist, be positive about it and make the trip fun. This will stop your child worrying about future visits.

FIND A LOCAL [NHS](#) DENTIST [HERE](#)

YOU CAN FIND MORE
ORAL TIPS AND
INFORMATION ON THE
NHS WEBSITE [HERE](#).

**BE PROUD
OF YOUR MOUTH**

**Practice
a good oral
hygiene routine**

FACT: Oral diseases, such as tooth decay (dental caries) and gum disease, can impact every aspect of life, from relationships and self-confidence through to school, work, and the ability to interact with others. Yet they are preventable.



worldoralhealthday.org @worldoralhealthday #MouthProud #WOH2022

ORAL HYGIENE

Dental and oral hygiene is an essential part of your overall health and well-being. Poor oral hygiene can lead to dental cavities and gum disease, and has also been linked to heart disease, cancer and diabetes. World Oral Health day takes place on the 20th March, find helpful resources on oral hygiene on their website [here](#)



- **International Woman's Day** 8th March
- **Nutrition & Hydration Week** 13-19th March
- **World Oral Health Day** 20th March

Key March dates

LIMIT THE SUGAR

Every time you eat or drink anything sugary, your teeth are under acid attack for up to one hour. This is because the sugar reacts with the bacteria in plaque and produces harmful acids. Plaque is a build-up of bacteria which forms on your teeth.

It is better to have three or four meals a day rather than lots of snacks. Maintaining healthy teeth and gums is a lifelong commitment. The earlier you learn proper oral hygiene habits, such as brushing, flossing and limiting your sugar intake, the easier it'll be to avoid costly dental procedures and long-term health issues (Health Line 2019)

Although oral health is improving in England, the oral health survey of 5 year olds in 2019 showed that just under a quarter have tooth decay (see the National Dental Epidemiology Programme for England, 2019). Each child with tooth decay will have on average 3 to 4 teeth affected. Public Health England report that in England a child has a rotten tooth removed in hospital every **10** minutes.

For those children at risk, it can happen early in life. The oral health survey of 3 year olds in 2020, found that 11% had visible tooth decay, with on average 3 teeth affected.

Ref: Gov.UK



LET'S GET SOCIAL!



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