

17th April 2026

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**CLAYBROOKE  
PRIMARY SCHOOL**  
Together we flourish | Est 1814

**Claybrooke Primary School**  
(Part of INSPIRING PRIMARIES ACADEMY TRUST)  
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Head of School: Mr P. Rock

## Message from Mr Rock

Welcome back everyone. I hope you all had a lovely Easter holiday.

The summer term is always one of the busiest terms of the year with lots going on. Please take time to keep yourself up to date with the calendar dates so you know what is taking place. Please can you also take time to check any Arbor notifications.

This week our Year 6 pupils had a fantastic trip to The Warning Zone in Leicester. They learnt all about ways to keep themselves safe as they transition from primary school to secondary school and to understand examples of anti-social behaviour, risk taking and peer pressure.

This week we celebrated 'Dandelion Day', part of 'Month of the Military Child'. Lots of children wore yellow to represent the dandelion, the official flower of military children as well as taking part in a range of activities in classes.

On Thursday we were extremely lucky to be joined by Major W to Claybrooke Primary School this morning.

All the children had the opportunity to hear all about how military families keep in contact with each other when working away as well as hearing about some examples of the countries he has worked in and the different ranks and uniforms that he has to wear.

**Be safe  
Be ready  
Be respectful**



The children were then given the opportunity to ask a range of fantastic questions before being able to look at a selection of ration food examples and some of Major W's berets. Thank you so much to Major W for giving up his time this morning to come into school.

There will be an opportunity for parents to come into school to view the recorded Dance workshops video on 23<sup>rd</sup> April at 3:20 in Oak Class room

Well done to the Green team who celebrated their team points win with a non-uniform day on Friday. Good luck to all the teams for this upcoming half term. Who will win next?

Unfortunately we still have a small number of pupils arriving late at the start of the day. Please remember that the gates close at 8:50am with lessons and registration beginning at 8:50. Even if you are only a few minutes late each day, this can really add up over the year.

Thank you for your continued support.

Mr Rock



**Congratulations to our  
certificate winners this week.  
Excellent Work:  
Peyton, Esmee & Isla  
Values:  
Chester, George & Hugo**



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Accredited School  
ROUTE TO RESILIENCE





# Go above and beyond!

## Upcoming dates

Monday's this half term: Forest School for Maple Class

Thursday 23rd April: KS2 Dance workshop videos being shown after school 3:20 in Oak Class.

w/c 11<sup>th</sup> May. SATs week for Y6

Tuesday 2<sup>nd</sup> June: KS1 Conkers trip (TBC)

Wednesday 10<sup>th</sup> June: Sports Day

Wednesday 17<sup>th</sup> June Reserve Sports Day

Thursday 18<sup>th</sup> June: Bikeability begins for Oak Class (TBC)

Wednesday 1<sup>st</sup> July. Oak Class production

Thursday 9<sup>th</sup> July. School closes for the summer.

Well done to Marley, William, Poppy and Edie who received awards outside of school recently.



Team points this week:

Red: 70  
Green: 50  
Blue: 50  
Yellow: 37



**WHOLE SCHOOL ATTENDANCE**  
w/e 17.04.26

Oak: 72.35%

Maple: 85.71%

Willow: 90.45%

**School 83.67%**

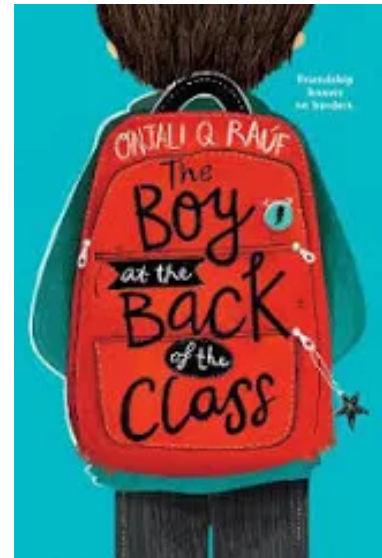
**MOMENTS MATTER. ATTENDANCE COUNTS.**

# Maple Class Newsletter

This half term Maple Class will be attending Forest School each Monday afternoon. Please remember to send your child into school ensure they bring to school with them suitable footwear to change into (welly's or trainers) as it may be muddy. They will also need to be wearing weather appropriate clothing for outdoor activities (coat, sun hat, etc). Thank you.

Maple Class have started their new class book this half term. They are reading 'The Boy at the Back of the Class. A powerful story of friendship and hope.

In their English lessons we will be exploring stories from other cultures and in maths we are continuing learning all about fractions.



Thank you to everyone who came in with a splash of yellow to mark 'Dandelion Day' this week. The children also create some art work and quotes about service children as part of our work celebrating 'Month of the military child'.

Maple explored The Spinney during Forest school this week, they made mud pies, created bug hotels and cleared the stream so the water can flow through easily, when it rains





Thank you everyone for celebrating  
'Dandelion Day' today at school.



little  
**TROOPERS**  
For all Forces Families



# What Parents & Educators Need to Know about IMAGE-ALTERING FILTERS

From playful puppy ears on Snapchat to 'beauty mode' on TikTok, image-altering filters are now a routine part of how young people communicate online. While many are harmless, others subtly reshape people's faces and bodies. This can blur the line between reality and edited content, potentially influencing how children and young people see themselves and others.

## WHAT ARE THE RISKS?

### ALTERED BEAUTY STANDARDS

Many 'beauty' filters smooth skin, reshape facial features, or adjust body proportions. Over time, repeated exposure to these filters can shift a child's idea of what is 'normal' or attractive, creating unrealistic expectations about their own and others' appearances.

### PRESSURE TO LOOK PERFECT

Filtered images can often attract more 'likes' and positive comments. This can encourage children and young people to rely on editing tools to gain others' approval, rather than feeling confident in their natural appearance.

### LOW SELF-ESTEEM

Regularly viewing heavily filtered content can lead to comparisons with unrealistic images. This is linked to body dissatisfaction and reduced self-esteem, particularly among children and teenagers.

### HIDDEN ADVERTISING

Some filters are linked to beauty products or trends, subtly promoting third-party brands. Children and young people may not recognise this as advertising, while also sharing personal data – such as facial images and usage habits – with apps and third parties.

### BLURRED REALITY

As filters become more advanced and natural-looking, it can be difficult for children and young people to distinguish edited content from real life, especially when filters are used in everyday photos and videos.

### SEXUALISED EDITS

Certain tools can make users appear older or more sexualised. This may attract unwanted attention, increase the risk of images being shared without consent, and expose young people to unsafe interactions.

## Advice for Parents & Educators

### START OPEN CONVERSATIONS

Talk regularly about filters, such as how they work and why people use them. Ask the children and young people in your care how filtered images make them feel and encourage honest discussion without judgement.

### REINFORCE WHAT'S REAL

Help children and young people understand that filtered images are digitally altered and are not an accurate reflection of real life. Emphasise that they don't need to meet these artificial standards.

### CHALLENGE 'PERFECT' POSTS

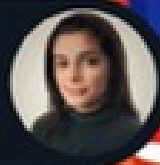
When viewing content together, gently point out the signs of editing, filters, or posing techniques. This builds critical thinking and helps children and young people question unrealistic images.

### PROMOTE OFFLINE CONFIDENCE

Encourage activities that build self-worth beyond appearance, such as sports, hobbies, friendships, and creative interests, so that confidence isn't tied solely to online validation.

### Meet Our Expert

Parven Kaur is a digital parenting expert and founder of Kids N Clicks, a platform dedicated to helping parents navigate the online world alongside their children. She is an expert contributor for Internet Matters, offering practical guidance on emerging online safety issues. Her insights have been featured by the BBC, The Telegraph, Talk TV, and other major media outlets, supporting families across the UK.



The National College