

1st May 2026

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**CLAYBROOKE
PRIMARY SCHOOL**
Together we flourish | Est 1814

Claybrooke Primary School
(Part of INSPIRING PRIMARIES ACADEMY TRUST)
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Head of School: Mr P. Rock

**Message from
Mr Rock**

It has been another lovely week weather wise at Claybrooke with the children once again able to spend more lunch time on the field.

Our Year 6 children have been working incredibly hard in preparation for their upcoming SATs which take place in just over a weeks time. Thank you for all your support at home during this time.

The sound of electric guitars, electric keyboards and drums have been emanating out of the hall this week as our Rocksteady groups have been busy learning their instruments. It's fantastic to hear how much they have learnt already!

This week we once again hosted the HCYC bus on site. The children always look forward to getting on the bus and taking part in a range of craft and art activities. We also welcomed in the Open The Book team to share another Bible story with the children.

Well done to those children in Mrs Jones' Art Club this week for creating some fantastic artwork this week.



**Be safe
Be ready
Be respectful**



Forest School has been continuing this term with Maple Class. They have been having a wonderful time in the Spinney.



I hope you have a lovely long Bank Holiday weekend.

Thank you for your continued support.

Mr Rock



**Congratulations to our
certificate winners this week.
Excellent Work:
Aubrey, George, Seren, Frank
Values:
Isabella, Maggie & Lexi**



UNIVERSITY OF
LEICESTER

Accredited School
ROUTE TO RESILIENCE





Go above and beyond!

Upcoming dates

Monday's this half term: Forest School for Maple Class

Monday 4th May. School closed for Bank Holiday

w/c 11th May. SATs week for Y6

Tuesday 2nd June: KS1 Conkers trip (TBC)

Wednesday 10th June: Sports Day

Wednesday 17th June Reserve Sports Day

Thursday 18th June: Bikeability begins for Oak Class (TBC)

Wednesday 1st July. Oak Class production

Thursday 9th July. School closes for the summer.

Please remember to send your child into school with any certificates and awards from outside school so we can celebrate their achievements in celebration assembly.

Team points this week:

Red: 81
Green: 48
Blue: 57
Yellow: 36



WHOLE SCHOOL ATTENDANCE w/e 01.05.26

Oak: 84.62%
Maple: 91.89%
Willow: 89.99%
School 89.03%

MOMENTS MATTER. ATTENDANCE COUNTS.

Sunshine lunchtimes!



Willow Class Newsletter

We have had a busy term in Willow Class.

The books we have studied in EYFS have included 'Noah's Ark' and 'Mrs Noah's Garden' and we are starting to look at 'Martha Maps it Out'. We are very proud of how the children are comprising sentences and using their phonics knowledge in their writing.

In reading, Year 1's and 2's have focussed on the fable, 'The Sun and the Wind' as well as starting to study 'Big Dreams, Little People: David Attenborough'. Children have been able to retrieve answers from the text. In writing, children have written character descriptions using adjectives.

Maths has been all about money which has been brilliant to see what the children know. They have looked at comparing coins and notes, using their addition and subtraction knowledge to compare calculations with money. We have also looked at graphs and tables and how to collect data using tally marks and numbers.



In Science we have been learning about plants, including where to plant different species and what is the best environment for different plants to thrive. The children have been super enthusiastic about this topic which has been brilliant to see.



Computing has been a joyous time, as the children have been using the ipads to program using 'Scratch Junior'. They have been able to program the sprite to move in different ways. In RE we have been studying Judaism, and have learnt about what Shabbat means to the Jewish community, as well as the importance of the Mezuzah



CLAYBROOKE PRIMARY SCHOOL

Small School, Big Opportunities

PLACES
AVAILABLE
2026/27

REST OF
2025/26

EYFS ADMISSIONS

for September 2026

SMALL CLASS SIZES, BIG OPPORTUNITIES

Claybrooke Primary School is a nurturing, village school where every child is known, valued and encouraged to flourish.

We offer a warm and welcoming start to school life in our caring community.



RESPECTFUL



COMPASSIONATE



INCLUSIVE



TRUTHFUL



COLLABORATIVE



Inspiring
Primaries
Academy Trust

PART OF A MULTI-ACADEMY TRUST

As part of Inspiring Primaries Academy Trust, we work in partnership with local schools to share expertise, resources and opportunities – helping every child to achieve and thrive.

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Inspiring
Primaries
Academy Trust

*Together we
inspire excellence*

MANAGING EXAM STRESS

At some point in their education, most young people will encounter exam stress, which can affect their mental, emotional, and physical wellbeing. Mental health charity YoungMinds estimates that 87% of pupils experience exam-related stress. This highlights the importance of supporting young people to manage exam pressure effectively, maintain perspective, and protect their overall wellbeing during these periods.

1 PRACTISE WORKLOAD WISDOM

The build-up to exams can feel overwhelming, with competing demands on time and energy. Encourage young people to reflect on whether their workload is realistic and allows them time to rest and recharge. Support them in creating a manageable revision timetable that includes regular breaks and occasional days off. Remind them that plans can be adjusted if they feel overwhelmed, helping to reduce the pressure and prevent burnout.

2 CLEAR UP THE CLUTTER

A cluttered workspace can reduce focus and increase stress levels. Encourage young people to keep their study area tidy and organised, with clearly arranged notes and materials. A calm, dedicated space can support concentration and create a more relaxed mindset. Adding colour, mind maps, or creative elements can also make revision feel less daunting and more manageable.

3 MASTER THE MATERIALS

Revision can feel particularly stressful if young people are unsure where to begin. Help them confirm key study topics and materials, ensuring they're using accurate and relevant resources. Reducing uncertainty can help them feel more in control of their learning. Reassure them that they don't need to know everything perfectly, as building their understanding over time is what matters most.

4 GET CREATIVE WITH NOTES

Writing out detailed notes, rather than relying only on bullet points, can strengthen their understanding and retention. Encourage young people to turn these notes into flashcards for regular review and repetition. Feeling familiar with their material can boost their confidence and reduce anxiety during exams. This approach can help them feel more prepared and less likely to panic under pressure.

5 USE VISUAL MEMORY AIDS

Visual resources can make learning more effective and reduce their frustration when information feels difficult to grasp. Encourage the use of diagrams, videos, sticky notes, and colour coding to reinforce key ideas. Creating simple mnemonics can also make information easier to remember. Using a variety of methods can help prevent mental fatigue and keep revision feeling fresh and manageable.

6 BUILD A TECH TOOLKIT

Technology can be a valuable supporting tool during exam preparation when used in a balanced way. Educational websites, revision platforms, and subject-specific videos can help explain complicated topics clearly, reducing the risk of confusion or stress. Encourage young people to use these tools to support – rather than overwhelm – their learning, and to take regular breaks from their screens to protect their wellbeing.

7 KEEP REVISION ENJOYABLE

Revision is often more effective when it feels engaging and varied. Encourage young people to incorporate humour, real-life examples, or creative approaches into their learning. Mixing study methods, including light physical activity such as short walks, can also improve their mood and focus. Enjoyable revision experiences can help reduce stress and make the process feel more positive and sustainable.

8 USE ACTIVE STUDY METHODS

Active revision techniques can help young people feel more confident and in control of their learning. Strategies such as spaced repetition and active recall, including self-testing or explaining concepts aloud, can highlight both their strengths and areas for improvement. This clarity can reduce last-minute panic and support a calmer, more prepared approach to exams.

9 USE AI THOUGHTFULLY

AI tools can support revision by making learning more personalised and manageable. Young people can use them to generate practice questions, summarise information, or break down topics into simpler steps. Used carefully, these tools can reduce overwhelm and save time. Remind young people to check AI information with trusted sources to ensure its accuracy and build confidence in their understanding.

10 PRACTISE WITH ONLINE TOOLS

Online revision platforms can help young people test their knowledge and track their progress. Many offer quizzes, flashcards, and practice papers aligned with exam boards. Encourage regular self-testing – including timed activities – to build up familiarity with exam conditions. Becoming more comfortable with the format of exams can reduce anxiety and help young people approach them with greater confidence.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of Social Enterprise UK's 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



#WakeUpWednesday

The National College